



## January- March 2022 (Q1) Adult Health Insights

This year marks a decade of providing local health care to our communities at our Bulungula Health Point. What began as a centralised distribution spot for ARVs and HIV testing has now grown into an official fixed outreach point for Nkanya Clinic.

Our new status as a fixed outreach point secures the Bulungula Health Point with vaccines, monthly supplies of medicines and consumables, including COVID-19 vaccines and HIV treatment, and a professional nurse staffed by the Department of Health (DoH).

Since June 2021, we have been supporting community members to get the COVID-19 vaccine. We began by transporting our 60+ and vulnerable community members to the hospital, and as a result of our successful mobilisation, the DoH partnered with us to

facilitate outreach vaccination days. Concluding our outreach days, we setup a cold-chain system at the Bulungula Health Point to be able to administer regular vaccinations. Today, 95% of our community members are vaccinated, and our model has been recognised as a success for rural COVID vaccinations.

In addition to the DoH appointed professional nurse, the BI welcomed a new nurse, Yamkela Sapepa. With our strengthened relationship with the DoH, we are continuing discussions of expansion of the Bulungula Health Point, including renovations to equip our site with emergency and maternity rooms, doctors rooms, a waiting room, and pharmacy. Stay tuned for the exciting developments!



[Adult data analysis report](#)



### Outcomes



**747** Total chronic/palliative home visits



**623** community members provided with contraception education



**172** HIV self-tests distributed  
**355** HIV related home-visits



**531** community members provided HIV education



**662** community members screened for TB





## January - March 2022 (Q1) Child Health (0-3) Insights

We know that the first 1,000 days of life are essential for optimum health and development across a person's lifetime. Given the challenges of inaccessible health care in our area, we realised we must take a holistic approach when addressing the needs of early childhood development in our community that not only includes cognitive and social-emotional learning but also offers children necessary health care, proper nutrition, and regular monitoring. To provide this developmental support, our early childhood development and health work are integrated.

Last year, all of our community health workers (Nomakhayas) received four weeks of 'Mother and Child' Health training at Zithulele hospital by Philani and six days of on-site mentoring each. This training has strengthened their health capacity in households for children ages 0-3. They carry out growth monitoring, developmental milestone assessments, and ensure that immunisations, deworming and Vitamin A provision are on schedule. If a child is not on track, they are referred to our local

Bulungula Health Point, where our Nurse will provide basic care and referral if needed.

Furthermore, our strengthened relationship with the Department of Health has secured the Health Point with child immunisations. Now, children are able to receive *all* government required vaccinations from birth to 6 years—locally!



[Child data analysis report](#)

### Outcomes



**77%** of children received at least one health at home check



**83%** children health assessments on-track



**95** children identified at risk referred for further care



**2** child deaths

